

Updated PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE – unit 1	Fundamentals – unit 1	Gymnastics – unit 1	Dance – unit 1	Ball skills – unit 1	Games – unit 2
Year 1	Fundamentals Ball skills	Gymnastics Sending + receiving	Gymnastics Target games	Dance Invasion games	Dance Net and Wall games	Athletics Striking + Fielding games
Year 2	Fundamentals Ball skills	Gymnastics Sending + receiving	Gymnastics Target games	Dance Invasion games	Dance Net and wall games	Athletics Striking + Fielding games
Years 3 + 4 cycle A 2024 - 25	Fitness Tag rugby	Dance Netball	Swimming Football	Swimming Hockey	Gymnastics Net and wall games - tennis	Athletics Striking + Fielding - cricket
Years 3 + 4 cycle B 2023 - 24	Fundamentals Tag rugby	Dance Basketball	Dance Football	Gymnastics Hockey	Gymnastics Net and wall games - badminton	Athletics Striking + Fielding - rounders
Years 5 + 6 cycle A 2024 - 25	Dance Tag rugby	Gymnastics Netball	Fitness Football	Dance Hockey	OAA/Swimming Net and wall games - tennis	Athletics/Swimming Striking + Fielding - cricket
Years 5 + 6 cycle B 2023 - 24	Dance Tag rugby	Gymnastics Basketball	Fitness Football	Gymnastics Hockey	OAA Net and wall games - badminton	Athletics Striking + Fielding - rounders