

**FULL**

# AUTUMN LUNCH MENU

MONDAY 31 AUGUST

## STILL SUMMER

MONDAY 7 SEPTEMBER

- G British Beef Bolognese with Colourful Pasta & Peas
- G Great Garden Bolognese with Colourful Pasta & Peas **ve**
- GDS Cheese Sub Roll with Crunchy Vegetable Sticks & Garlic Mayo **v**
- G Jammy Shortbread or Fresh Fruit **ve**

MONDAY 14 SEPTEMBER

- GDS Tasty Tomato Sauce with Wholemeal Pasta, Grated Cheese, Carrots & Peas **v**
- G Golden Vegetable Party with Carrots, Peas & Tomato Ketchup **ve**
- D Jacket Potato with Baked Beans & Grated Cheese **v**
- G Cinnamon Cookies or Fresh Fruit **ve**

MONDAY 21 SEPTEMBER

- G Mouthwatering Moroccan Chicken with 50/50 Rice & Mixed Vegetables
- G Mouthwatering Moroccan Chickpeas & Chopped Veg with 50/50 Rice & Mixed Vegetables **ve**
- D Jacket Potato with Baked Beans & Grated Cheese **v**
- G Haggis or Fresh Fruit **ve**

MONDAY 28 SEPTEMBER

- G British Beef Bolognese with Colourful Pasta & Peas
- G Great Garden Bolognese with Colourful Pasta & Peas **ve**
- GDS Cheese Sub Roll with Crunchy Vegetable Sticks & Garlic Mayo **v**
- G Jammy Shortbread or Fresh Fruit **ve**

MONDAY 5 OCTOBER

- GDS Tasty Tomato Sauce with Wholemeal Pasta, Grated Cheese, Carrots & Peas **v**
- G Golden Vegetable Party with Carrots, Peas & Tomato Ketchup **ve**
- D Jacket Potato with Baked Beans & Grated Cheese **v**
- G Cinnamon Cookies or Fresh Fruit **ve**

MONDAY 12 OCTOBER

- G Mouthwatering Moroccan Chicken with 50/50 Rice & Mixed Vegetables
- G Mouthwatering Moroccan Chickpeas & Chopped Veg with 50/50 Rice & Mixed Vegetables **ve**
- D Jacket Potato with Baked Beans & Grated Cheese **v**
- G Haggis or Fresh Fruit **ve**

MONDAY 19 OCTOBER

- G British Beef Bolognese with Colourful Pasta & Peas
- G Great Garden Bolognese with Colourful Pasta & Peas **ve**
- GDS Cheese Sub Roll with Crunchy Vegetable Sticks & Garlic Mayo **v**
- G Jammy Shortbread or Fresh Fruit **ve**

TUESDAY 1 SEPTEMBER

## INSET DAY!

TUESDAY 8 SEPTEMBER

- GDS Chicken Kebab with Warm Flatbread, 50/50 Rice, Sweetcorn & Garlic Mayo
- GDS Quorn Kebab with Warm Flatbread, 50/50 Rice, Sweetcorn & Garlic Mayo **v**
- D Jacket Potato with Grated Cheese & Cucumber **v**
- G Fresh Melon & Mini Oat Cookies **ve**

TUESDAY 15 SEPTEMBER

- GDS Red Roast Beef Meatball Sub with Tasty Tomato Sauce, Grated Cheese & Peas
- GDS Mighty Meatball Sub with Tasty Tomato Sauce, Grated Cheese & Peas **v**
- FE Jacket Potato with Tuna Mayo & Cucumber
- G Orange Wedge & Mini Chocolate Rappaz **ve**

TUESDAY 22 SEPTEMBER

- GDS Devon Butcher's Pork & Apple Burger in a Wholemeal Roll with Baked Beans & Corn Rib
- GDS Boasting Bean & Cheese Burger in a Wholemeal Roll with Baked Beans & Corn Rib **v**
- D Jacket Potato with Tuna Mayo & Cucumber
- G Fresh Melon & Mini Ginger Biscuits **ve**

TUESDAY 29 SEPTEMBER

- GDS Chicken Kebab with Warm Flatbread, 50/50 Rice, Sweetcorn & Garlic Mayo
- GDS Quorn Kebab with Warm Flatbread, 50/50 Rice, Sweetcorn & Garlic Mayo **v**
- D Jacket Potato with Grated Cheese & Cucumber
- G Fresh Melon & Mini Oat Cookies **ve**

TUESDAY 6 OCTOBER

- GDS Red Roast Beef Meatball Sub with Tasty Tomato Sauce, Grated Cheese & Peas
- GDS Mighty Meatball Sub with Tasty Tomato Sauce, Grated Cheese & Peas **v**
- FE Jacket Potato with Tuna Mayo & Cucumber
- G Orange Wedge & Mini Chocolate Rappaz **ve**

TUESDAY 13 OCTOBER

- GDS Devon Butcher's Pork & Apple Burger in a Wholemeal Roll with Baked Beans & Corn Rib
- GDS Boasting Bean & Cheese Burger in a Wholemeal Roll with Baked Beans & Corn Rib **v**
- D Jacket Potato with Tuna Mayo & Cucumber
- G Fresh Melon & Mini Ginger Biscuits **ve**

TUESDAY 20 OCTOBER

- GDS Chicken Kebab with Warm Flatbread, 50/50 Rice, Sweetcorn & Garlic Mayo
- GDS Quorn Kebab with Warm Flatbread, 50/50 Rice, Sweetcorn & Garlic Mayo **v**
- D Jacket Potato with Grated Cheese & Cucumber
- G Fresh Melon & Mini Oat Cookies **ve**

WEDNESDAY 2 SEPTEMBER

- G Local Butcher's Pork Sausage with Roast Potatoes, Country Vegetables & Gravy
- G Quorn Cumberland Sausage with Roast Potatoes, Country Vegetables & Gravy **ve**
- D Jacket Potato with Grated Cheese & Cucumber **v**
- G Haggis or Fresh Fruit **ve**

WEDNESDAY 9 SEPTEMBER

- GDS Roast Lamb of British Pork with Roast Potatoes, Country Vegetables & Gravy
- G Cauliflower & Broccoli Cheese with Roast Potatoes, Country Vegetables & Gravy **v**
- D Jacket Potato with Tuna Mayo & Cucumber
- G Carrot Cake or Fresh Fruit **v**

WEDNESDAY 16 SEPTEMBER

- GDS Roast Dorsal Gannet with Roast Potatoes, Country Vegetables & Gravy
- G Quorn Loaf with Roast Potatoes, Country Vegetables & Gravy **ve**
- GDS Cheese Wrap with Puff Pies, Carrot Sticks & Garlic Mayo **v**
- G Jammy Cupcake or Fresh Fruit **v**

WEDNESDAY 23 SEPTEMBER

- GDS Roast Turkey with Roast Potatoes, Country Vegetables & Gravy
- G Autumn Vegetable Slice with Roast Potatoes, Country Vegetables & Gravy **v**
- D Jacket Potato with Grated Cheese & Cucumber **v**
- G Orange & Lemon Drizzle Cake or Fresh Fruit **v**

WEDNESDAY 30 SEPTEMBER

- GDS Roast Lamb of British Pork with Roast Potatoes, Country Vegetables & Gravy
- G Cauliflower & Broccoli Cheese with Roast Potatoes, Country Vegetables & Gravy **v**
- D Jacket Potato with Tuna Mayo & Cucumber
- G Carrot Cake or Fresh Fruit **v**

WEDNESDAY 7 OCTOBER

- GDS Roast Dorsal Gannet with Roast Potatoes, Country Vegetables & Gravy
- G Quorn Loaf with Roast Potatoes, Country Vegetables & Gravy **ve**
- GDS Cheese Wrap with Puff Pies, Carrot Sticks & Garlic Mayo **v**
- G Jammy Cupcake or Fresh Fruit **v**

WEDNESDAY 14 OCTOBER

- GDS Roast Turkey with Roast Potatoes, Country Vegetables & Gravy
- G Autumn Vegetable Slice with Roast Potatoes, Country Vegetables & Gravy **v**
- D Jacket Potato with Grated Cheese & Cucumber **v**
- G Orange & Lemon Drizzle Cake or Fresh Fruit **v**

WEDNESDAY 21 OCTOBER

- GDS Roast Lamb of British Pork with Roast Potatoes, Country Vegetables & Gravy
- G Cauliflower & Broccoli Cheese with Roast Potatoes, Country Vegetables & Gravy **v**
- D Jacket Potato with Tuna Mayo & Cucumber
- G Carrot Cake or Fresh Fruit **v**

THURSDAY 3 SEPTEMBER

- GDS Tasty Tomato Sauce with Wholemeal Pasta, Grated Cheese, Carrots & Peas **v**
- G Golden Vegetable Party with Carrots, Peas & Tomato Ketchup **ve**
- D Jacket Potato with Baked Beans & Grated Cheese **v**
- G Mini Chocolate Shortbread & Orange Wedge **ve**

THURSDAY 10 SEPTEMBER

- GDS Somerset Cheese & Tomato Pies with Baked Beans & Corn on the Cob **v**
- G Risky Vegan Sausage Roll with Baked Beans & Corn on the Cob **ve**
- E Jacket Potato with Quorn Coronation Filling & Carrot Sticks **v**
- G Fresh Pineapple & Mini Coconut Biscuits **ve**

THURSDAY 17 SEPTEMBER

- GDS The Nation's Favourite Chicken Tikka Masala with 50/50 Rice, Vegetables & Mini Naan
- G Tropical Sweet Potato Curry with 50/50 Rice, Vegetables & Mini Naan **ve**
- D Jacket Potato with Baked Beans & Grated Cheese **v**
- G Watermelon Slice & Mini Vanilla Biscuits **ve**

THURSDAY 24 SEPTEMBER

- GDS Melting Macaroni Cheese with Somerset Cheddar, Peas & Carrots **v**
- G Chopped Vegetable & Cheese Turnover with Peas, Carrots & Tomato Ketchup **v**
- GDS House of Wines with Crunchy Vegetable Sticks & Garlic Mayo **v**
- G Mini Chocolate Shortbread & Orange Wedge **ve**

THURSDAY 1 OCTOBER

- GDS Somerset Cheese & Tomato Pies with Baked Beans & Corn on the Cob **v**
- G Risky Vegan Sausage Roll with Baked Beans & Corn on the Cob **ve**
- E Jacket Potato with Quorn Coronation Filling & Carrot Sticks **v**
- G Fresh Pineapple & Mini Coconut Biscuits **ve**

THURSDAY 8 OCTOBER

- GDS The Nation's Favourite Chicken Tikka Masala with 50/50 Rice, Vegetables & Mini Naan
- G Tropical Sweet Potato Curry with 50/50 Rice, Vegetables & Mini Naan **ve**
- D Jacket Potato with Baked Beans & Grated Cheese **v**
- G Watermelon Slice & Mini Vanilla Biscuits **ve**

THURSDAY 15 OCTOBER

- GDS Melting Macaroni Cheese with Somerset Cheddar, Peas & Carrots **v**
- G Chopped Vegetable & Cheese Turnover with Peas, Carrots & Tomato Ketchup **v**
- GDS House of Wines with Crunchy Vegetable Sticks & Garlic Mayo **v**
- G Mini Chocolate Shortbread & Orange Wedge **ve**

THURSDAY 22 OCTOBER

- GDS Somerset Cheese & Tomato Pies with Baked Beans & Corn on the Cob **v**
- G Risky Vegan Sausage Roll with Baked Beans & Corn on the Cob **ve**
- E Jacket Potato with Quorn Coronation Filling & Carrot Sticks **v**
- G Fresh Pineapple & Mini Coconut Biscuits **ve**

FRIDAY 4 SEPTEMBER

- GDS MSC Battered Fish with Chips, Peas & Tomato Ketchup
- G Fish Fingers with Chips, Peas & Tomato Ketchup **ve**
- GDS Cheese Wrap with Chips, Carrot Sticks & Tomato Ketchup **v**
- GDS Dorset Apple Cake or Fresh Fruit **v**

ROALD DAHL DAY

FRIDAY 11 SEPTEMBER

- GDS James's Hot Burger in a Roll with Chips, Peas, Sweetcorn & Tomato Ketchup
- GDS Cheese & Tomato Beans Burger in a Roll with Chips, Peas, Sweetcorn & Tomato Ketchup **v**
- GDS Wanda's "Good Egg" Mayo Roll with Crunchy Vegetable Sticks **v**
- GDS The Twin Bird's Nest Cake or Fresh Fruit **v**

FRIDAY 18 SEPTEMBER

- GDS MSC Battered Fish with Chips, Peas & Tomato Ketchup
- GDS Roasted Pepper Gouche with Chips, Peas & Tomato Ketchup **v**
- GDS Ham Wrap with Chips, Cucumber & Tomato Ketchup
- G Chocolate Crispy Cake or Fresh Fruit **v**

FRIDAY 25 SEPTEMBER

- GDS MSC Battered Fish with Chips, Peas & Tomato Ketchup
- GDS Beany Enchilada Parcel with Chips, Sweetcorn & Tomato Ketchup **v**
- GDS Cheese Roll with Chips, Cucumber & Tomato Ketchup **v**
- GDS Berryful Oat Slice or Fresh Fruit **ve**

FRIDAY 2 OCTOBER

- GDS MSC Fish Fingers with Chips, Peas & Tomato Ketchup
- G Fish Fingers with Chips, Peas & Tomato Ketchup **ve**
- GDS Cheese Wrap with Chips, Carrot Sticks & Tomato Ketchup **v**
- G Chocolate Mint Cake or Fresh Fruit **v**

FRIDAY 9 OCTOBER

- GDS MSC Battered Fish with Chips, Peas & Tomato Ketchup
- GDS Roasted Pepper Gouche with Chips, Peas & Tomato Ketchup **v**
- GDS Ham Wines with Chips, Cucumber & Tomato Ketchup
- G Chocolate Crispy Cake or Fresh Fruit **v**

FRIDAY 16 OCTOBER

- GDS MSC Battered Fish with Chips, Peas & Tomato Ketchup
- GDS Beany Enchilada Parcel with Chips, Sweetcorn & Tomato Ketchup **v**
- GDS Cheese Roll with Chips, Cucumber & Tomato Ketchup **v**
- GDS Berryful Oat Slice or Fresh Fruit **ve**

FRIDAY 23 OCTOBER

- GDS MSC Fish Fingers with Chips, Peas & Tomato Ketchup
- G Fish Fingers with Chips, Peas & Tomato Ketchup **ve**
- GDS Cheese Wrap with Chips, Carrot Sticks & Tomato Ketchup **v**
- G Chocolate Mint Cake or Fresh Fruit **v**

# HALF TERM!

MONDAY 2 NOVEMBER

- GDS The Nation's Favourite Chicken Tikka Masala with 50/50 Rice, Vegetables & Mini Naan
- G Tropical Sweet Potato Curry with 50/50 Rice, Vegetables & Mini Naan **ve**
- D Jacket Potato with Baked Beans & Grated Cheese **v**
- G Cinnamon Cookies or Fresh Fruit **ve**

TUESDAY 3 NOVEMBER

- GDS Tasty Tomato Sauce with Wholemeal Pasta, Grated Cheese, Carrots & Peas **v**
- G Chopped Vegetable & Cheese Turnover with Peas, Carrots & Tomato Ketchup **v**
- FE Jacket Potato with Tuna Mayo & Cucumber
- G Orange Wedge & Mini Chocolate Rappaz **ve**

WEDNESDAY 4 NOVEMBER

- GDS Roast Turkey with Roast Potatoes, Country Vegetables & Gravy
- G Quorn Loaf with Roast Potatoes, Country Vegetables & Gravy **ve**
- D Jacket Potato with Grated Cheese & Cucumber **v**
- G Jammy Cupcake or Fresh Fruit **v**

THURSDAY 5 NOVEMBER

- GDS Butcher's Sausage Hot Dog with Corn on the Cob, Banging Baked Beans & Tomato Ketchup
- GDS Quorn Cumberland Hot Dog with Corn on the Cob, Banging Baked Beans & Tomato Ketchup **ve**
- GDS Cheese Wrap with Crunchy Vegetable Sticks & Garlic Mayo **v**
- GDS Sticky Toffee Pudding & Cucumber or Fresh Fruit **v**

FRIDAY 6 NOVEMBER

- GDS MSC Battered Fish with Chips, Sweetcorn & Tomato Ketchup
- GDS Beany Enchilada Parcel with Chips, Sweetcorn & Tomato Ketchup **v**
- GDS Cheese Roll with Chips, Cucumber & Tomato Ketchup **v**
- G Watermelon Slice & Mini Vanilla Biscuits **ve**

WE RESERVE THE RIGHT TO MAKE MENU CHANGES WHEN NECESSARY

CONTAINS ALLERGENS

G Gluten D Dairy E Egg S Soya F Fish C Coconut VE Vegan V Vegetarian