



## Cycle A: 2024-25

Year 1/2						
	Term 1		Term 2		Term 3	
Unit Title	Ball skills	Sending + receiving	Target games	Invasion games	Net + wall games	Striking + fielding games
<b>National Curriculum Links</b>	Master basic movements including throwing and catching.	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending
<b>Disciplinary Concepts</b>	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed
<b>What do children need to know to access the unit?</b>	Sending: know to look at the target when sending a ball. Explore sending an object with hands and feet.  Catching: know to have hands out ready to catch.	Sending & receiving: explore s&r with hands and feet using a variety of equipment. know to look at the target when sending a ball and watch the ball to receive it	Throwing: explore throwing using a variety of equipment. Know to point my hand at my target when throwing.  Catching: explore catching using a variety of	Sending & receiving: explore s&r with hands and feet using a variety of equipment. know to look at the target when sending a ball and watch the ball to receive it  Dribbling: explore dropping and catching with two hands and	Hitting: explore hitting a ball with hands and pushing with a racket. Know to point my hand/object at my target when hitting a ball.  Feeding and rallying: explore sending and	Striking: explore sending a ball to a partner. Know to point my hand at my target when striking a ball.  Fielding: explore tracking and stopping a



## Curriculum Map for Outdoor PE

	<p>Explore stopping a ball with hands and feet.</p> <p>Tracking: know to watch the ball as it comes towards me and scoop it with two hands. and catching with two hands and moving a ball with feet.</p>	<p>Space: recognise their own space.</p> <p>Sending: know to look at the target when sending a ball. Explore sending an object with hands and feet.</p> <p>Catching: know to have hands out ready to catch. Explore stopping a ball with hands and feet.</p>	<p>equipment. Know to have hands out ready to catch.</p> <p>Tactics: make simple decisions in response to a task.</p> <p>Rules: know that rules help us to stay safe.</p>	<p>moving a ball with their feet.</p> <p>Space: recognise their own space.</p> <p>Attacking &amp; defending: explore changing direction and tagging games. Know that there are different roles in games.</p> <p>Rules: know that rules help us to stay safe.</p>	<p>tracking a ball with a partner. know to look at the target when sending a ball and watch the ball to receive it.</p> <p>Footwork: explore changing direction, running and stopping. Know to use big steps to run and small steps to stop.</p> <p>Tactics: make simple decisions in response to a task.</p> <p>Rules: know that rules help us to stay safe.</p>	<p>rolling ball. Know to scoop a ball with two hands</p> <p>Throwing and catching: explore rolling, throwing and catching using a variety of equipment . Know to point my hand at my target when throwing. Know to have hands out ready to catch.</p> <p>Tactics: make simple decisions in response to a task.</p> <p>Rules: know that rules help us to stay safe.</p>
<b>Golden threads (substantive concepts)</b>	throwing and catching	throwing, catching	throwing striking	sending and receiving	throwing catching hitting tracking	throwing catching striking tracking
<b>Vocabulary</b>	Bounce Collect Catch Control Dribble Kick	Catch Kick Receive Roll Send Throw	Accurate Aim Overarm Strike Target Underarm	Attack Defend Mark Opponent Receive Shoot	Against Defend Partner Point Ready position	Batter Batting Bowl Bowler Field Fielder



## Curriculum Map for Outdoor PE

	Roll Underarm	Target track	Team mate	Possession send	return	Hit Ready position Underarm Overarm
<b>Sticky knowledge</b>	<p>To be able to dribble a ball with my hands and feet with some control.</p> <p>To roll and throw a ball to hit a target.</p> <p>To send and receive a ball using both kicking and throwing and catching skills.</p> <p>To track a ball and collect it.</p>	<p>To accurately throw and kick a ball to a partner.</p> <p>To be able to catch a ball passed to me, with and without a bounce.</p> <p>To roll a ball to hit a target.</p> <p>To track a ball and stop it using my hands and feet.</p>	<p>To be able to select the appropriate skill for the situation.</p> <p>To throw, roll or strike a ball to a target with some success.</p> <p>To work co-operatively with a partner and a small group.</p> <p>To understand the principles of a target game and can use different scoring systems when playing games.</p>	<p>To be able to dodge and find space away from the other team.</p> <p>To move with a ball towards goal.</p> <p>To sometimes dribble a ball with my hands and feet.</p> <p>To stay with another player to try and win the ball.</p> <p>To know how to score points and can remember the score.</p> <p>To know who is on my team and I can attempt to send the ball to them.</p>	<p>To hit a ball over the net and into the court area.</p> <p>To throw accurately to a partner.</p> <p>To use simple tactics to make it difficult for an opponent.</p> <p>To know how to score points and can remember the score.</p> <p>To show good sportsmanship when playing against an opponent.</p>	<p>To develop underarm and overarm throwing skills.</p> <p>To hit a ball using equipment with some consistency.</p> <p>To track a ball and collect it.</p> <p>To use simple tactics.</p> <p>To know how to score points and can remember the score.</p> <p>To understand the rules of the game and can use these to play fairly in a small group.</p>

Years 3/4			
	Term 1	Term 2	Term 3



## Curriculum Map for Outdoor PE

Unit Title	Tag rugby	Netball	Football	Hockey	Net + wall tennis	Striking + fielding - cricket
<b>National Curriculum Links</b>	Master basic movements including throwing and catching.	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending
<b>Disciplinary Concepts</b>	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed
<b>What do children need to know/have practised to access the unit?</b>	To send and receive a ball using throwing and catching skills.  To be able to dodge and find space away from the other team.	To accurately throw and catch a ball to a partner.  To be able to dodge and find space away from the other team.  To move with a ball	To kick and stop a ball to a target with some success.  To move with a ball towards goal.  To work co-operatively with a partner and a small group.  To understand the principles of a target game and can use different scoring systems	To be able to dodge and find space away from the other team.  To move with a ball towards goal.  To stay with another player to try and win the ball.  To know how to score points and can remember the score.	To hit a ball over the net and into the court area.  To throw accurately to a partner.  To use simple tactics to make it difficult for an opponent. To know how to score points and can	To develop underarm and overarm throwing skills.  To hit a ball using equipment with some consistency.  To track a ball and collect it.  To use simple tactics.



## Curriculum Map for Outdoor PE

		towards goal.	when playing games.	To know who is on my team and I can attempt to send the ball to them.	remember the score.  To show good sportsmanship when playing against an opponent.	To know how to score points and can remember the score. To understand the rules of the game and can use these to play fairly in a small group.
<b>Golden threads (substantive concepts)</b>	throwing catching	throwing, catching	throwing dribbling striking	sending and receiving	throwing catching striking	throwing catching striking tracking
<b>Vocabulary</b>	Accelerate Dodge Forward pass Offside Onside Pitch Possession try	Attack Intercept Possession Pressure Protect Receiver Umpire track	Accelerate control Cushion Delay Deny Option Pitch track	Accelerate control Cushion Delay Deny Option Pitch track	Contact Control Court Rally Receiver Swing	Batter Fielder Retrieve Strike Stumped out Two handed pick up Umpire
<b>Sticky knowledge</b>	To send and receive a ball using both throwing and catching skills.	To accurately throw to a partner.  To be able to catch a ball passed to me, with and	To be able to dodge and find space away from the other team.  To be able to select the appropriate skill for the situation.	To be able to dodge and find space away from the other team.  To move with a ball towards goal.  To sometimes dribble a ball with my	To hit a ball over the net and into the court area.  To throw accurately to a partner.  To use simple tactics to	To develop underarm and overarm throwing skills.  To hit a ball using equipment with some



## Curriculum Map for Outdoor PE

		without a bounce.	<p>To work co-operatively with a partner and a small group.</p> <p>To understand the principles of a target game and can use different scoring systems when playing games.</p>	<p>hands and feet.</p> <p>To stay with another player to try and win the ball.</p> <p>To know how to score points and can remember the score.</p> <p>To know who is on my team and attempt to send the ball to them.</p>	<p>make it difficult for an opponent. To know how to score points and can remember the score.</p> <p>To show good sportsmanship when playing against an opponent.</p>	<p>consistency.</p> <p>To track a ball and collect it.</p> <p>To use simple tactics.</p> <p>To know how to score points and can remember the score.</p> <p>To understand the rules of the game and use these to play fairly in a small group.</p>
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Years 5/6						
	Term 1		Term 2		Term 3	
Unit Title	Tag rugby	Basketball	Football	Hockey	Net + wall games badminton	Striking + fielding - rounders
<b>National Curriculum Links</b>	Master basic movements including throwing and catching.	Master basic movements including throwing and catching.  Participate in team games, developing simple	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking	Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking



## Curriculum Map for Outdoor PE

		tactics for attacking and defending	attacking and defending		and defending	and defending
<b>Disciplinary Concepts</b>	throwing catching	throwing, catching	throwing dribbling striking	sending and receiving	throwing catching striking	throwing catching striking tracking
<b>What do children need to know/have practised to access the unit?</b>	To send and receive a ball using both throwing and catching skills.	To accurately throw to a partner. To be able to catch a ball passed to me, with and without a bounce.	To be able to dodge and find space away from the other team. To be able to select the appropriate skill for the situation. To work cooperatively with a partner and a small group. To understand the principles of a target game and can use different scoring systems when playing games.	To be able to dodge and find space away from the other team. To move with a ball towards goal. To sometimes dribble a ball with my hands and feet. To stay with another player to try and win the ball. To know how to score points and remember the score. To know who is on my team and attempt to send the ball to them.	To hit a ball over the net and into the court area. To throw accurately to a partner. To use simple tactics to make it difficult for an opponent. To know how to score points and can remember the score. To show good sportsmanship when playing against an opponent.	To develop underarm and overarm throwing skills. To hit a ball using equipment with some consistency. To track a ball and collect it. To use simple tactics. To know how to score points and can remember the score. To understand the rules of the game and use these to play fairly in a small group.
<b>Golden threads</b>	throwing catching	throwing, catching	throwing dribbling striking	sending and receiving	throwing catching striking	throwing catching striking



## Curriculum Map for Outdoor PE

<b>(substantive concepts)</b>						tracking
<b>Vocabulary</b>	Collect Catch Control Dribble Kick Roll Underarm	Catch Receive Roll Send Throw Target Track Shoot	Accurate Aim Strike Dribble Goal Shoot Target Team mate	Attack Defend Mark Opponent Receive Shoot Possession send	Against Defend Partner Point Ready position return	Batter Batting Bowl Bowler Field Fielder Hit Underarm Overarm
<b>Sticky knowledge</b>	<p>I can delay an opponent and help prevent the other team from scoring.</p> <p>I can help my team keep possession and score tries when I play in attack.</p> <p>I can pass and receive the ball with increasing control.</p> <p>I can use simple tactics to help my team score or gain possession</p>	<p>I can delay an opponent and help to prevent the other team from scoring.</p> <p>I can pass, receive and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession</p> <p>I understand the rules of the game</p>	<p>I can delay an opponent and help to prevent the other team from scoring.</p> <p>I can dribble, pass, receive and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession.</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>I can delay an opponent and help to prevent the other team from scoring.</p> <p>I can dribble, pass, receive and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession.</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>I am developing a wider range of skills and I am beginning to use these under some pressure.</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>I can strike a bowled ball with increasing consistency.</p> <p>I can use a wider range of skills with increasing control under pressure. I can use the rules of the game consistently to play fairly.</p> <p>I understand and can apply some tactics in the game as a batter, bowler and fielder.</p>



## Curriculum Map for Outdoor PE

		game and I can use them often and honestly.				
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### Cycle B: 2025-26

Year 1/2						
	Term 1		Term 2		Term 3	
Unit Title	Ball skills	Sending + receiving	Target games	Invasion games	Net + wall games	Striking + fielding games
<b>National Curriculum Links</b>	Master basic movements including throwing and catching.	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending	Master basic movements including throwing and catching.  Participate in team games, developing simple tactics for attacking and defending
<b>Disciplinary Concepts</b>	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed
<b>What do children need to know/have practised to access the unit?</b>	Sending: know to look at the target when sending a ball. Explore sending an object	Sending & receiving: explore s&r with hands and feet using a variety of equipment. know to look at the	Throwing: explore throwing using a variety of equipment. Know to point my hand at my target	Sending & receiving: explore s&r with hands and feet using a variety of equipment. know to look at the target when sending a ball and watch the ball to receive it	Hitting: explore hitting a ball with hands and pushing with a racket. Know to point my hand/object at my target	Striking: explore sending a ball to a partner. Know to point my hand at my target when



## Curriculum Map for Outdoor PE

	<p>with hands and feet.</p> <p>Catching: know to have hands out ready to catch. Explore stopping a ball with hands and feet.</p> <p>Tracking: know to watch the ball as it comes towards me and scoop it with two hands. and catching with two hands and moving a ball with feet.</p>	<p>target when sending a ball and watch the ball to receive it</p> <p>Space: recognise their own space.</p> <p>Sending: know to look at the target when sending a ball. Explore sending an object with hands and feet.</p> <p>Catching: know to have hands out ready to catch. Explore stopping a ball with hands and feet.</p>	<p>when throwing.</p> <p>Catching: explore catching using a variety of equipment. Know to have hands out ready to catch.</p> <p>Tactics: make simple decisions in response to a task. Rules: know that rules help us to stay safe.</p>	<p>Dribbling: explore dropping and catching with two hands and moving a ball with their feet.</p> <p>Space: recognise their own space.</p> <p>Attacking &amp; defending: explore changing direction and tagging games. Know that there are different roles in games. Rules: know that rules help us to stay safe.</p>	<p>when hitting a ball.</p> <p>Feeding and rallying: explore sending and tracking a ball with a partner. know to look at the target when sending a ball and watch the ball to receive it.</p> <p>Footwork: explore changing direction, running and stopping. Know to use big steps to run and small steps to stop. Tactics: make simple decisions in response to a task. Rules: know that rules help us to stay safe.</p>	<p>striking a ball.</p> <p>Fielding: explore tracking and stopping a rolling ball. Know to scoop a ball with two hands</p> <p>Throwing and catching: explore rolling, throwing and catching using a variety of equipment . Know to point my hand at my target when throwing. Know to have hands out ready to catch.</p> <p>Tactics: make simple decisions in response to a task.</p> <p>Rules: know that rules help us to stay safe.</p>
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## Curriculum Map for Outdoor PE

<b>Golden threads (substantive concepts)</b>	throwing and catching	throwing, catching, kicking, rolling	throwing rolling striking	sending and receiving	throwing catching hitting tracking	throwing catching striking tracking
<b>Vocabulary</b>	Bounce Collect Catch Control Dribble Kick Roll Underarm	Catch Kick Receive Roll Send Throw Target track	Accurate Aim Overarm Strike Target Underarm Team mate	Attack Defend Mark Opponent Receive Shoot Possession send	Against Defend Partner Point Ready position return	Batter Batting Bowl Bowler Field Fielder Hit Ready position Underarm Overarm
<b>Sticky knowledge</b>	<p>To be able to dribble a ball with my hands and feet with some control.</p> <p>To roll and throw a ball to hit a target.</p> <p>To send and receive a ball using both kicking and throwing and catching skills.</p> <p>To track a ball and collect it.</p>	<p>To accurately throw and kick a ball to a partner.</p> <p>To be able to catch a ball passed to me, with and without a bounce.</p> <p>To roll a ball to hit a target.</p> <p>To track a ball and stop it using my hands and feet.</p>	<p>To be able to select the appropriate skill for the situation.</p> <p>To throw, roll or strike a ball to a target with some success.</p> <p>To work cooperatively with a partner and a small group.</p> <p>To understand the principles of a target game and can use different scoring systems when playing games.</p>	<p>To be able to dodge and find space away from the other team.</p> <p>To move with a ball towards goal.</p> <p>To sometimes dribble a ball with my hands and feet.</p> <p>To stay with another player to try and win the ball.</p> <p>To know how to score points and can remember the score.</p> <p>To know who is on my team and I can attempt to send the ball to them.</p>	<p>To hit a ball over the net and into the court area.</p> <p>To throw accurately to a partner.</p> <p>To use simple tactics to make it difficult for an opponent.</p> <p>To know how to score points and can remember the score.</p> <p>To show good sportsmanship when playing against an opponent.</p>	<p>To develop underarm and overarm throwing skills.</p> <p>To hit a ball using equipment with some consistency.</p> <p>To track a ball and collect it.</p> <p>To use simple tactics.</p> <p>To know how to score points and can remember the score.</p> <p>To understand the rules of the game and can use</p>



## Curriculum Map for Outdoor PE

						these to play fairly in a small group.
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Year 3/4						
	Term 1		Term 2		Term 3	
Unit Title	Tag rugby	Basketball	Football	Hockey	Net and wall games – badminton	Striking + Fielding - rounders
<b>National Curriculum Links</b>	Use running, jumping, throwing and catching in isolation and in combination.  Play competitive games and apply basic principles suitable for attacking and defending	Use running, jumping, throwing and catching in isolation and in combination.  Play competitive games and apply basic principles suitable for attacking and defending	Play competitive games and apply basic principles suitable for attacking and defending	Play competitive games and apply basic principles suitable for attacking and defending	Play competitive games and apply basic principles suitable for attacking and defending	Use running, jumping, throwing and catching in isolation and in combination  Play competitive games and apply basic principles suitable for attacking and defending.
<b>Disciplinary Concepts</b>	agility balance co-ordination	agility balance co-ordination	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination	agility balance co-ordination speed



## Curriculum Map for Outdoor PE

	speed stamina	speed stamina			speed stamina	
<b>What do children need to know/have practised to access the unit?</b>	<p>To be able to dodge and find space away from the other team.</p> <p>To accurately throw a ball to a partner.</p> <p>To be able to catch a ball passed to me.</p> <p>To know how to score points and can remember the score.</p> <p>To know who is on my team and can attempt to send the ball to them.</p>	<p>To be able to dodge and find space away from the other team.</p> <p>To move with a ball towards goal.</p> <p>To sometimes dribble a ball with my hands and feet.</p> <p>To stay with another player to try and win the ball.</p> <p>To know how to score points and can remember the score.</p> <p>To know who is on my team and I can attempt to send the ball to them.</p>	<p>To be able to dribble a ball with my feet with some control.</p> <p>To send and receive a ball using kicking skills.</p> <p>To move with a ball towards goal.</p> <p>To know how to score points and can remember the score.</p> <p>To know who is on my team and I can attempt to send the ball to them.</p>	<p>To strike a ball to a target with some success.</p> <p>To move with a ball towards goal.</p>	<p>To hit a ball over the net and into the court area.</p> <p>To hit a ball using equipment with some consistency.</p>	<p>To hit a ball using equipment with some consistency.</p> <p>To be able to catch a ball passed to me.</p> <p>To know how to score points and can remember the score.</p> <p>To know who is on my team and can attempt to send the ball to them.</p>
<b>Golden threads (substantive concepts)</b>	throwing and catching	throwing and catching	throwing striking	sending and receiving	throwing hitting tracking	throwing catching striking tracking



## Curriculum Map for Outdoor PE

<b>Vocabulary</b>	Accelerate Dodge Forward pass Offside Onside Pitch Possession try	Attack Intercept Possession Pressure Protect Receiver Referee track	Acceleratecontrol Cushion Delay Deny Option Pitch track	Acceleratecontrol Cushion Delay Deny Option Pitch track	Contact Control Court Rally Receiver Swing	Batter No ball Retrieve Strike Stumped out Two handed pick up Umpire
<b>Sticky knowledge</b>	<p>I can delay an opponent and help prevent the other team from scoring.</p> <p>I can help my team keep possession and score tries when I play in attack.</p> <p>I can pass and receive the ball with increasing control.</p> <p>I can use simple tactics to help my team score or gain possession</p>	<p>I can delay an opponent and help to prevent the other team from scoring.</p> <p>I can dribble, pass, receive and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession</p> <p>I understand the rules of the game</p>	<p>I can delay an opponent and help to prevent the other team from scoring.</p> <p>I can dribble, pass, receive and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession.</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>I can delay an opponent and help to prevent the other team from scoring.</p> <p>I can dribble, pass, receive and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession.</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>I am developing a wider range of skills and I am beginning to use these under some pressure.</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>I can perform jumps for distance using good technique</p> <p>I can select and apply the best pace for a running event.</p> <p>I can show accuracy and good technique when throwing for distance.</p> <p>I understand that there are different areas of fitness and how this helps me in different activities.</p> <p>I use different strategies to</p>



## Curriculum Map for Outdoor PE

		and I can use them often and honestly.				persevere to achieve my personal best.
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Year 5/6						
	Term 1		Term 2		Term 3	
Unit Title	Tag rugby	Basketball	Football	Hockey	Net + wall games badminton	Striking + fielding - rounders
<b>National Curriculum Links</b>	Use running, jumping, throwing and catching in isolation and in combination.  Play competitive games and apply basic principles suitable for attacking and defending	Use running, jumping, throwing and catching in isolation and in combination.  Play competitive games and apply basic principles suitable for attacking and defending	Play competitive games and apply basic principles suitable for attacking and defending	Play competitive games and apply basic principles suitable for attacking and defending	Play competitive games and apply basic principles suitable for attacking and defending	Use running, jumping, throwing and catching in isolation and in combination  Play competitive games and apply basic principles suitable for attacking and defending
<b>Disciplinary Concepts</b>	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed stamina	agility balance co-ordination speed
<b>What do children need to know/have practised to access the unit?</b>	I can delay an opponent and help prevent the other team from scoring.	I can delay an opponent and help to prevent the other team from scoring.	I can delay an opponent and help to prevent the other team from scoring.  I can dribble, pass, receive	I can delay an opponent and help to prevent the other team from scoring.  I can dribble, pass, receive	I am developing a wider range of skills and I am beginning to use these under some pressure.	I can perform jumps for distance using good technique I can select and apply the best



## Curriculum Map for Outdoor PE

	<p>I can help my team keep possession and score tries when I play in attack.</p> <p>I can pass and receive the ball with increasing control.</p> <p>I can use simple tactics to help my team score or gain possession</p>	<p>I can dribble, pass, receive and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession</p> <p>I can use simple tactics to help my team score or gain possession</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession.</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>and shoot the ball with increasing control.</p> <p>I can move to space to help my team to keep possession and score goals.</p> <p>I can use simple tactics to help my team score or gain possession.</p> <p>I understand the rules of the game and I can use them often and honestly.</p>	<p>I understand the rules of the game and I can use them often and honestly.</p>	<p>pace for a running event.</p> <p>I can show accuracy and good technique when throwing for distance.</p> <p>I understand that there are different areas of fitness and how this helps me in different activities.</p> <p>I use different strategies to persevere to achieve my personal best.</p>
<b>Golden Threads</b>	Throwing Catching	Throwing Catching	Throwing Striking	Sending Receiving	Throwing Striking Tracking	Throwing Catching Striking tracking
<b>Vocabulary</b>	Ball Carrier Close Down Create Offside Onside Tactic	Transition Rebound Ball carrier Ball side dominant	Assess Transition Rebound Ball carrier Ball side dominant	Cushion Draw Pressure Situation Stance Touches turnover	Footwork Grip Overhead Stance Serve Technique Underarm	Close catch Deep catch Track Short/long barrier Tournament umpire



## Curriculum Map for Outdoor PE

<p><b>Sticky knowledge</b></p>	<p>I can create and use space to help my team.</p> <p>I can pass and receive the ball with increasing control under pressure.</p> <p>I can select the appropriate action for the situation and make this decision quickly.</p> <p>I can tag opponents individually and when working within a unit.</p> <p>I can use the rules of the game consistently to play honestly and fairly.</p> <p>I can work collaboratively to create tactics with my team and evaluate the</p>	<p>I can create and use space to help my team.</p> <p>I can dribble, pass, receive and shoot the ball with increasing control under pressure.</p> <p>I can use the rules of the game honestly and consistently.</p> <p>I can work in collaboration with others so that games run smoothly.</p> <p>I understand when to use different styles of defence in game situations.</p>	<p>I can create and use space to help my team.</p> <p>I can dribble, pass, receive and shoot the ball with increasing control under pressure.</p> <p>I can select the appropriate action for the situation and make this decision quickly.</p> <p>I can use marking, tackling and/or interception to improve my defence.</p> <p>I can use the rules of the game consistently to play honestly and fairly.</p> <p>I can work collaboratively to create tactics with</p>	<p>I can create and use space to help my team.</p> <p>I can dribble, pass, receive and shoot the ball with increasing control under pressure.</p> <p>I can select the appropriate action for the situation and make this decision quickly.</p> <p>I can use marking, tackling and/or interception to improve my defence.</p> <p>I can use the rules of the game consistently to play honestly and fairly.</p> <p>I can work collaboratively to create tactics with</p>	<p>I can select the appropriate action for the situation and make this decision quickly.</p> <p>I can use a wider range of skills with increasing control under pressure.</p> <p>I can use the rules of the game consistently to play honestly and fairly.</p> <p>I can work collaboratively to create tactics with my team and evaluate the effectiveness of these.</p> <p>I can work in collaboration with others so that games run smoothly.</p> <p>I recognise my own and others strengths and areas for development and can suggest ways to improve.</p>	<p>I can strike a bowled ball with increasing consistency.</p> <p>I can use a wider range of skills with increasing control under pressure.</p> <p>I can use the rules of the game consistently to play fairly.</p> <p>I can work collaboratively with others to get batters out.</p> <p>I can work in collaboration with others so that games run smoothly.</p> <p>I recognise my own and others strengths and areas for development and can suggest ways to improve.</p>
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## Curriculum Map for **Outdoor PE**

	effectiveness of these.		my team and evaluate the effectiveness of these.	my team and evaluate the effectiveness of these.		I understand and can apply some tactics in the game as a batter, bowler and fielder.
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